

CERTIFICATE **OF PARTICIPATION**

This is to certify that

Nadine De Beer

Has successfully participated & completed the

Team Steer Cowhouse Cross Duathlon 2018 #1

held at Cowhouse Market.

TIME 01:49:34

PACE 06:49/km **OVERALL** 4 of 6

GENDER 3 of 4 **OPEN** 1 of 2



Signature

04 March 2018, Sun

Date